

# How to avoid conflicts with parents: advice to teenagers

In childhood the child completely trusts and is seeking support solely from their moms and dads, it can not and does not consider it necessary something to hide, and parents for him in the full sense are the most important and loved people. But, since adolescence, have your own secrets that may be embarrassing or terrible to share with loved ones. And some of the problems of the younger man begins to decide for themselves.

In General among adolescents is an issue about independence. Wanting to stand out and to earn credibility among their peers, children often make a lot of nonsense, which greatly complicates relations with unprepared for just such "surprises" parents.

Unfortunately, teenagers at a certain stage of life start to feel overly knowledgeable in all fields, so the parent view is for them unauthorized. But in the process of formation of personality of a growing person, surrounded by his mixed ambitions, resentments, aspirations and desires is often forgotten, which is still almost completely dependent on their parents. After all, they provide him financially, continue to help in difficult situations and, of course, boundlessly love their child. Under such conditions it is not surprising that parents require their kids good manners, obedience, reasonable progress in studies etc. But sometimes it happens so that parents, wanting the best for their child, put a very rigid framework, which often leads to conflicts. so how should behave in order to communicate with parents suddenly began to resemble a stream of reproaches and morals?

## A few rules in order to avoid conflicts with parents

1. **Learn to respect their parents.** Respect – one of the main criteria of establishing a harmonious relationship with parents. The fact that our fathers and mothers will always see us as a child. And from the height of his experience in the shower to treat us with great love, which, unfortunately, often covering the eyes, giving to understand that the baby grew and became a fully-fledged adult human beings with their desires and beliefs. In any case, in the process of resolving complex issues persistently try not to argue, but to go to dialogue, where they could gently make suggestions and to Express their vision of the situation.
2. **Learn to admit their mistakes.** No matter how great our life experience and confidence in the exclusive rightness, we all sometimes make mistakes and make the wrong decisions. If you want to look in the eyes of their parents the adult, then learn to admit your defeat and mistakes.
3. **Be open and communicative.** In adolescence often parents do not allow their children to almost nothing, limiting the walks, carefully choosing friends and Hobbies. Sometimes this is because they do not know what is involved in their secretive child. Don't be afraid to talk about their Hobbies, friends, likes. All this will help me further paint a picture of what you do outside the home, and in some cases helps to remove many of the prohibitions.
4. **Courtesy – the first indicator of normal communication.** If some of the situations you feel that your parents are biased, they do not fully understand the problem, but continue to insist on its version of its permissions, then try to politely explain to them that you have your opinion on this matter. Do not be offended, raise your voice, emotionally gesticulating, and even more swearing, all this is likely to only further prove to your family that you are still a mere child who is not able to control myself and calm down when they get their coveted candy.
5. **Switch roles.** If you are standing on the threshold of resolution of any problem and not eye to eye with your parents, try to imagine yourself in their place, because maybe it will help you a little better to understand their point of view. If you want to and you fully understand, then ask their fathers and mothers to recall the time when they were teenagers. If each of the parties will make their a small step towards each other, it will quickly find a way out of any situation.
6. **Patience is the key to improving relations.** Our parents are people too. They may be tired, to feel that they are underestimated to experience mental and physical discomfort. Therefore, they sometimes can behave like children, hiding behind the mask of experienced adults. Try at such moments, to be patient, do not "shoot from the hip" and try to prove in any way that your parents are [custom writing services united states](#) wrong. Let the passions subside, allow positive emotions to come back, then you will be able to talk quietly.

## Adult children and their parents

It should not be assumed that, when the teenage age, problems with their parents all the way back. No, they remain, and must continue to struggle throughout life to maintain the warm feelings of love and mutual respect.

It is worth to analyze two cases. If a person got a job, started a family and learned to solve their problems and to build a life without anybody's assistance, and parents will look at it quite differently. But don't be offended if you, being of age, gradually approaching the level of "30", still continue to be financially dependent on parents who are not able to make decisions and to take responsibility for their actions. In this case, don't be surprised if you have to carry out the wishes of their mothers and fathers and try to fit their vision. Because for them you are still a child.

So, if you want your parents took you as an adult, try to find a decent job and primarily provide financial independence. When you have a family, it is better to build their nest in a separate housing.

Many children and parents starting to live in different places, by coincidence, are moving away from each other. Most parents are a very offended. So try not to forget their fathers and mothers, remember the most pleasant moments from your childhood that were associated with the parents. If you live far away, it is possible at least on the weekends call home. But if your apartment is in the same city with housing parents, don't forget to visit them, talking about his life.

Do not forget that any quarrels and misunderstanding ever replace that great feeling of love that arises between a parent and child once the baby is born. Don't forget to show your love, be softer and be able to forgive, then your house will reign peace and harmony.